

El Supremo's Hailsham Folkstone Permanent 200

Dear Rider

Thank you for entering this Audax UK Permanent event, originally created by Dave 'El Supremo' Hudson.

Category 2 Advisory route Permanent Events (Validation by GPS track or E-Brevet as proof of passage (PoP) only)

"You must use electronic proof of passage (GPS or E-Brevet- AB03) for this event." If you wish to use physical PoP and a Brevet card, please contact the organiser directly before entering to discuss.

For these events you will see two entry buttons - Choose either "Enter by GPS" or "Enter Online"

Advise me 24 hours BEFORE you ride this event.

The route sheet is taken directly from the original route sheet created by Dave but in a format that includes cumulative KMs and if cut/folded along guidelines fits into 100 x 140mm Self Seal bags.

If starting from Hailsham please park at the Freedom Leisure Centre on Vicarage Road, BN27 4HB. **BUT REMEMBER TO USE THE LONG TERM 23 HOUR CAR PARK AT THE BOTTOM OF THE HILL**

Control	Description
Hailsham (Start)	ATM at Tesco that you pass. The Natwest Bank and its ATM have long gone. There is also an ATM at the end of the Waitrose Car.
Frant	Village Shop / Post Office after Village Green. Mon to Fri 7am to 8PM, Sat 8am to 8pm, Sun 8am to 6pm
Rye 1 st Visit	Jenson Store Mon to Sat 6am to 10pm, closed Sun. Other outlets.
Ham Street	Village Store Mon to Sat 6am to 10pm, Sun 7am to 10pm. The Cosy Kettle Tea Room. 9am to 4pm Mon to Sat, 10am to 2pm Sun. Includes toilet
Folkstone	Petrol Station / Spar Shop. Open 24 hours. Note receipts will say Hythe but accepted.
Rye 2 nd Visit	Various outlets
Hailsham (Finish)	There is (currently) a Halifax Bank and ATM in High Street on Left just after T/Lts.

Look out, Look out **POTHOLES** about. There are many damaged roads so proceed with caution

Route

Stage 1 (32km): Leaving Hailsham towards the North we are heading toward Horam, Cross in Hand and Five Ashes, before the steep climb off Argos Hill. We continue through Mark Cross before arriving in Frant for our first control at the village shop.

Stage 2 (44km): Retracing from Frant we are soon heading Easterly through Wadhurst, Ticehurst, Cripps Corner, Broad Oak before arriving in Rye for our next control.

Stage 3 (18km): A short stage along the Military Road to Appledore before we head to Kenardington and soon arrive in Hamstreet for our next control.

Stage 4 (21km): We continue through Lympe before our descent into Hythe before our coast road route towards Folkstone and the well-used Petrol Station for our next control.

Stage 5 (36km): Retracing back to Hythe we are soon making use of the levels to pass through Dymchurch, Ivychurch and Brenzett before we arrive back in Rye for our next control.

Stage 6 (45km): Our final stage takes us through Winchelsea Beach and the steep climb to Fairlights before descending into Hastings. From Hastings we head towards Cooden Beach and Pevensey before passing through Rickney, before arriving back in Hailsham and our final control.

Notes

This Permanent Event is for experience cyclists who will be aware of the following:

- Have familiarised themselves with the route before the event, ensuring competence and fitness to complete the course, roadworthiness of their bike and possession of adequate cycle repair equipment, spares and skills.
- During the event, riding safely, according to the rules of the road and personal capabilities, and taking responsibility for personal feeding, warm clothing and rest periods, especially at night.
- Personally, deciding not to continue if feeling unwell or too tired.
- As with any journey on public roads being aware of and allowing for highway design and maintenance, other road users (especially horses), busy traffic conditions, the state of disrepair of the surface (potholes, trenches, ironwork etc.), debris, obstruction of all kinds, poor or non-existent lighting on night sections and oncoming headlights.
- As some roads could be high and exposed, with hills that could be steep and strenuous, carrying adequate food, drink, clothing and equipment for any conditions.
- Preparing the bike (and rider) and carrying spares and tools and knowing how to use them.
- In the event of bad weather, making a personal decision over starting or continuing.
- Being equipped to deal with bad conditions
- Making private arrangement if rescue facilities are wanted. (The CTC have a Rescue Scheme that could be considered if you are likely to be unable to summon your own assistance).
- Being adequately rested before travelling home after finishing an event.
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- As with all Audax UK rides you are always on a private excursion on the public highway and responsible for your own conduct.

GPS Validation

After the event go to the "Upcoming and Pending Events" section on your dashboard (the screen you see when you first login) and look for your ride. Expand the arrow to find the upload link for your track.

▼	Fri 25 Feb 2022	Gwynedd Traverse 200	200km (203km)	N/A	from Caernarfon (or anywhere on route)	Entered	View			
^	Fri 25 Feb 2022	Gwynedd Traverse 200	200km (203km)	N/A	from Caernarfon (or anywhere on route)	Entered	View			
Event No:	JHA27	Category:	PERMANENT	Points:	2	AAA:	0	Event Type:	Permanent	Upload Link for GPS track

You can upload the following file types:

- gpx
- tcx
- fit (which will be converted to tcx before processing)
- zip (multiple gpx or tcx files)

The uploader link is specific to a particular entry - you can't use it for any other event, or for a second entry on the same event.

There is a file size limit of 1Mb.

Wahoo fit file are not accepted, because Wahoo have recently moved to a new fit2 format. Zipped fit files may also cause problems even if they seem to have uploaded correctly.

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